

PATHFINDER EXPEDITION 2019: DETAILS

Dear Parent / Guardian,

Here are the details and permission form for the Airly Pathfinder Expedition 2019. Please ensure you read the details, including what to bring and the rules and regulations.

ACTIVITY DETAILS

Date(s) of Event: 27-30 September

Start Time: Friday 27 September, arrive from 3pm

End Time: Midday Monday 30 September

Location(s) address: Capertee, NSW (8.4km down Glen Davis Road from Capertee, NSW)

Transport / Planned Route: Organised by your local Pathfinder Club

Expedition Director: Rick Hergenhan (snswyouth@adventist.org.au)

HIKES & GRADES

Everyone will camp at basecamp Friday night.

After worship together on Saturday morning the different grades will split and go separate ways.

A Grade will do an advanced hike

B Grade will do an intermediate hike

C Grade will do two short day hikes from base camp

Your club will arrange you in the correct grade.

Each group from your club will need a minimum of one leader, and preferably between 6 and 8 participants.

PATHFINDER EXPEDITION 2019: WHAT TO BRING

All hike levels will need to be completely self-sufficient for the entire weekend, carrying everything you need in your pack, including tent, sleeping bag, food and appropriate clothing for the conditions.

- Food - enough for the weekend plus emergency rations
- Cutlery, bowl etc.
- Gas Cooker (optional). There is potential for fires depending on the fire danger at the time. To be sure you can cook, a portable gas cooker is recommended.
- Water- minimum 2L/person to be carried at all times
- Water Purifying tablets (to collect water on the way)
- Tent - as individual or to be shared.
- Sleeping bag- for cold weather. Can still get below 0 at this time of year
- Sleeping mat
- Clothing for cold weather. Strongly suggest including thermals, gloves and beanie. Also a fresh set of thick socks for each day of hiking.
- Wet weather jacket
- UHF Radio- Minimum 1x 5w radio/ group
- Topographic Map 1:25,000. Maps to buy are Glen Alice and Ben Bullen
- Compass
- Own first aid gear (group leader to carry a more comprehensive first aid kit than participants)
- Toilet paper
- Trowel
- Sturdy Shoes
- Sturdy Pack- Fully loaded the pack should weigh no more than 20% of your body weight
- Whistle - or something to attract attention
- Sunscreen
- Small Torch
- Rubbish bag- all rubbish must be carried out

RULES, BEHAVIOUR & REGULATIONS

HIKER RULES & REGULATIONS

- No group must leave without checking in and out with the assigned District Director
- Process for Hikers Check-out – Check equipment, check weight, sign in as a group, and then leave in the group according to the card.
- Check equipment – maps, compass, radio, shoes, food, tent, jacket, sunscreen.
- No swapping within groups and no leaving your group
- Stay together at all times
- No more than 25 people at one campsite.
- Take rubbish with you
- Leave the place better than when you came
- Communication on as directed – no chatter! Save the battery pls
- If lost, head for high ground as a group and establish radio contact with Coms Team immediately**
- Top up water continually
- Wear sunscreen
- Check in hourly with grid reference – keep contact with any changes, e.g. sickness, distress, lost, concern of weather or fire
- Never toilet close to water ways, make sure you do not use non-biodegradable soaps, do not contaminate water ways.
- Group guides or leaders should have an emergency evacuation plan to put into place in the event of an emergency situation.
- Apply minimum impact bushwalking and camping techniques

CAMPING RULES & REGULATIONS

- Camp only in the private property.
- Cars can park in the base camping area.
- NO signs to be attached to a structure, building or natural feature.
- All rubbish placed in bins provided and area cleaned on conclusion of activity
- Camp more than 30m from watercourses
- If fire danger allows for fires, make all fires in designated fire areas